

Covid-19 Safety Plan

To ensure the safety of our team and our members we have implemented the following Covid-19 Safety Plan

Updated cleaning protocols ensuring studio, equipment and touch points sanitised after every session

Face masks available for team and members

Hand sanitiser provided at entry

All sessions to be pre booked

Members and guests temperature checked at entry

Conditions of entry updated to include revised safety and hygiene process

Training towels mandatory for workouts

Social distancing measures implemented

Bottled water provided

Members to wash hands prior to entering

Members to remain outside of studio until prior session has finished and participants exited

Members to wipe down equipment after use with sanitiser

15 minute gap between sessions to allow for changeover and sanitising

12 persons maximum per session

Team members completed Covid-19 safety course

Team members provided with PPE where required

Team members to sanitise hands after each session

Team members completed revised LiFT safety induction

Team and members to notify business owners in event of visible or reported symptoms or cases occurring in the gym

Any confirmed cases in gym will result in business closure protocols initiated while effective cleaning measures are undertaken